

HEALTH COMMITTEE

Teacher in-charge

Dr. Malathi Iyer

Mrs. Anupama Bali

C.A. Pradeep Hathi

Webinar on 'Building Mind Muscles in Covid Era' was jointly organized by Vivek College of Commerce & Lala Lajpatrai College of Commerce & Economics - IQAC & Health Committee on Thursday, 06 Jan 2022 at 10.00 am on Zoom + YouTube Live by Renowned Psychiatrist Dr. Harish Shetty. This session made our students understand the fact that mental health issues affect people from all walks of life, men, and women of all ethnicities, and all socioeconomic backgrounds. Mental Health Awareness is vitally important in raising awareness of the continuing need to make mental health a priority for all people and can discover a "Winning Way to Wellbeing".



