



**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**AIDS AWARENESS  
WEEK**

## OVERVIEW

On the observance of the AIDS awareness week from the 1<sup>st</sup> December to 6<sup>th</sup> December NSS unit intended on generalizing discussions on the topic AIDS and also spread awareness.

A video with the volunteers talking about AIDS and its prevention in different languages was curated and posted on various social media platforms. Throughout the week various quizzes on social media along with inspirational quotes were posted.

<b>Date</b>	1 <sup>st</sup> December 2021- 6 <sup>th</sup> December 2021
<b>Platform</b>	Social Medias
<b>No. of Volunteers</b>	6

SR NO.	NAME OF VOLUNTEER
1	Aaryan Singh
2	Ajit Prakash
3	Revati Bommogani
4	Vishakha Pawar
5	Simran Nair
6	Pritam bhore

## PHOTOS





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**DIGITAL BANKING  
SURVEY**



## OVERVIEW

The NSS unit conducted a Digital Banking Survey through Google Forms to collect information regarding the current banking preferences and digital accounting status in order to understand the knowledge of our volunteers in the field of digital Banking and savings. The survey was circulated throughout college with a variety of questions based on their bank account. The intention of the Survey was to collect sufficient information and help our volunteers come on a digital Platform.

<b>1</b>	<b>Date</b>	23 <sup>rd</sup> February 2021
<b>2</b>	<b>Mode</b>	Google Forms
<b>3</b>	<b>No. of participants</b>	149

## Questions asked in the Survey:

- Do you have a Bank Account?
- If no, would you like to open a bank account with Indian Bank?
- If yes, in which Bank
- Name of the Branch of your Bank
- Do you have your ATM / Debit card?
- Do you have Internet Banking?
- Do you have Mobile Banking / App Banking
- Is your Bank Account linked to your Mobile No.
- If you are not using Internet banking / mobile banking, do you wish to apply for it?
- Are you interested to apply for internet banking / mobile banking? (Form filling assistance will be provided by NSS Volunteers)



**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**BIRD FEEDER MAKING**

## OVERVIEW

In the month of April with the soaring temperature in Mumbai the NSS volunteers were assigned the task of installing DIY Bird Feeders at their respective residence or locality.

Volunteers were at the liberty to show their own creativity with using any at home available item considering the Covid Scenario to create practical Bird feeders for food and water. Many different items were reused like bottles, Coconut shells and pots.

<b>1</b>	<b>Date</b>	20 <sup>th</sup> April 2021
<b>2</b>	<b>No. of participants</b>	12



## LIST OF VOLUNTEERS

SR. NO.	NAME OF THE PARTICIPANTS
1	Mayuri Sawant
2	Divya Gatti
3	Ruchita Ramesh kalamkar
4	Ruchita ramesh kalamkar
5	Sonali Mishra
6	Akshata Sanjay Sandim
7	Mehjabin. Mustak. Patel
8	Chaitanya Subhash Misal
9	Pratibha
10	Krishnan murugan das
11	Ashwini Shankar Pandyan
12	Divya nair

# PHOTOS





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**COLLEGE GARDEN  
BEAUTIFICATION**

## OVERVIEW

The College Garden offers a wide set of Flora which was disrupted over the course of pandemic and summers. The NSS unit undertook the responsibility of beautifying the garden by maintaining and planting plants to increase its beauty and greenery. New plants were introduced into the garden and Birdfeeders were installed in places. Each day plants were watered by 2 volunteers.

1	Date	8 <sup>th</sup> August 2021
2	Venue	College Garden area
3	No. of participants	2



# PHOTOS



## LIST OF VOLUNTEERS

SR NO.	NAME OF VOLUNTEERS PARTICIPATED
1	Theerthmalai Kounder
2	Vardhan Tummala



**VIVEK EDUCATION SOCIETY'S**  
**VIVEK COLLEGE OF COMMERCE**  
**NSS UNIT B-23**  
**CONSTITUTION DAY**  
**POSTER MAKING**

## OVERVIEW

As the constitution day is celebrated on the 26<sup>th</sup> November the NSS unit conducted a poster making competition.

The competition was open for all the NSS volunteers, wherein they could either go for a sketch poster or virtually designed poster. Entries for the competition were taken through forms. Topic given to them was Fundamental Duties of an Indian Citizen. Participants were expected to illustrate on this topic in form of posters. With an enthusiastic participation the volunteers presented a plethora of illustrations and marked this day.

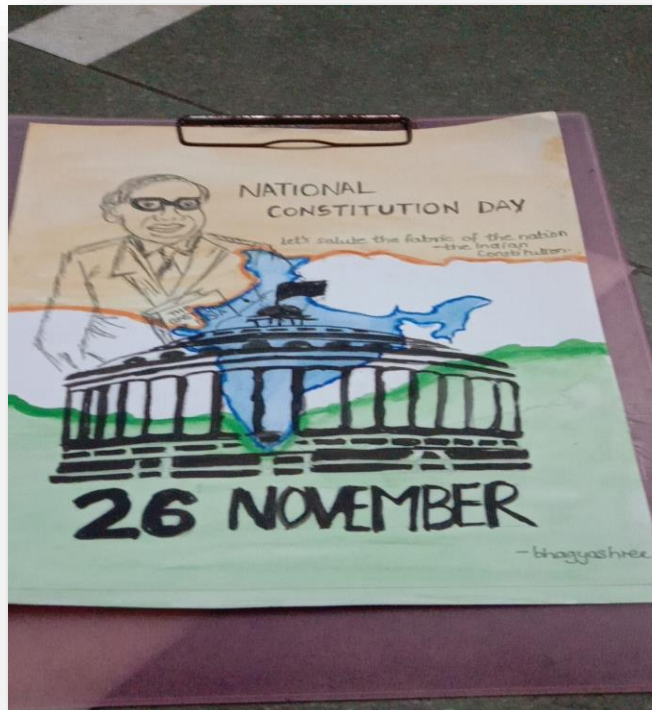
<b>DATE</b>	26 <sup>th</sup> November 2020
<b>TIME</b>	12:00 am – 8:00 pm
<b>TOPIC</b>	Fundamental Duties of an Indian Citizen
<b>NO. OF VOLUNTEERS</b>	9



# PARTICIPANTS

SR NO.	NAME
1	Bhagyashree Pillai
2	Priya Devendram
3	Mohan Gupta
4	Khushi Dravid
5	Chaitanya Misal
6	Akshata Sandim
7	Diksha Tapase

# WINNER



NAME	POSITION
Bhagyashree Pillai	1 <sup>st</sup> position



**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**COVID VACCINATION  
DRIVE**

## OVERVIEW

Vivek College of Commerce hosted a Covid Vaccination Drive on the 30<sup>th</sup> October 2021. NSS volunteers provided assistance as the college was the center location for vaccination for a day.

Extensive protocols were followed in the drive to reach a total of 85 vaccinations on the said date.

Volunteers assisted the medical staff and also helped in crowd management throughout the drive. The drive was held in association with BMC (Brihanmumbai Mahanagar Cooperation) who provided 2 varieties of doses (Covishield and Covaxin) to choose from. Various staff members and students opted to initiate their vaccination from the college and were also provided government certificate.

<b>DATE</b>	30 <sup>th</sup> October 2021
<b>TIME</b>	10:00 am – 3:30 pm
<b>NO. OF VOLUNTEERS</b>	11
<b>VENUE</b>	Yoga room



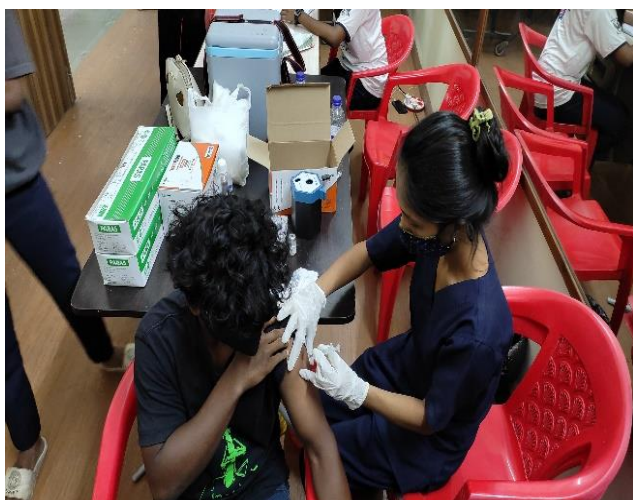
## **BIFURCATION OF TOTAL NO. OF DOSES**

<b>VACCINE</b>	<b>DOSE</b>	<b>NO. OF VACCINATIONS</b>
Covishield	1	46
Covishield	2	14
Covaxin	1	17
Covaxin	2	8
<b>Total</b>		<b>85</b>

### **List of Volunteers**

<b>SR. No</b>	<b>NAME</b>
1	Aaryan Singh
2	Akshata Sandim
3	Ashwini Shankar Pandyan
4	Ketan satvilkar
5	Petchinatchiyar yadava
6	Saiprakash Pandula
7	Sanskriti Desai
8	Shraddha Maurya
9	Sunil Rajesh Maharana
10	Swati Mishra
11	Theerthamalai Kounder

# PHOTOS







**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**YOUTH AGAINST  
COVID**

## OVERVIEW

At the surge of the Covid-19 wave in Mumbai, Unitedway Mumbai delegated volunteers to provide online assistance. Daily updates through posts regarding vaccination, Protocols, emergency was provided via an Instagram post which was then posted by the volunteers on their respective Instagram Accounts to create awareness and also provide a helping hand in the process. The posts and videos where a simple clip arts to promote healthy practices to avoid Covid-19 and also educate people about the pandemic. The posts were produced in 3 languages for better reach. Volunteers actively participated in this Campaign

<b>1</b>	<b>Date</b>	18 <sup>th</sup> May 2021 – 5 <sup>th</sup> August
<b>2</b>	<b>No. of participants</b>	33



# PHOTOS

## टीका लगवाने में लोगोकी मदत करे

को-विन पोर्टल पर अगर कोई टीकाकरण के लिए रजिस्टर नहीं कर पा रहा है तो उनकी मदद करें।



In collaboration with



An initiative of



Source: WHO

SYMPTOMS		PREVENTION
Fever	Black patches on nose or roof of mouth	Wear masks to avoid breathing in the fungal spores
Headache	Chest pain	Avoid areas that are damp or have too much dust
Swelling on one side of the face	Breathlessness	Maintain good sanitation at home & surroundings
Cough	<b>Mucormycosis does not spread between people or between people and animals.</b>	
		Wear protective clothing while working outdoors, especially with soil

In collaboration with



An initiative of



## Double Mask

### wearing formula for COVID-19



#### DOs

- Wear the double masks at home and walk for some time before you step out to assess fit and comfort
- Ensure you are able to breathe and speak freely

#### DONTs

- Wear two disposable or surgical masks at the same time
- Use an N95 mask with any other mask
- Use chemical disinfectants on masks
- Use your masks if they are visibly damaged or soiled



An initiative of



## WHEN SHOULD I WASH MY HANDS?

Source: UNICEF

TO PROTECT YOURSELF FROM COVID-19, ENSURE YOU WASH YOUR HANDS AT THE FOLLOWING TIMES:



WASH YOUR HANDS WITH SOAP AND WATER OR AN ALCOHOL-BASED HAND SANITIZER



FIGHT AGAINST COVID19

I PLEDGED TO BECOME A  
DIGITAL COVID WARRIOR

To know more, write to  
youthagainstcovid@unitedwaymumbai.org



An initiative of





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**EARN AND LEARN**

## OVERVIEW

Every year the library committee conducts Earn and Learn event, where all the collection of books are re-arranged and segregated. The sole purpose is to execute the regulations by Mumbai University, i.e. every year new books are added in the collection of library.

Volunteers encounter various categories of books in the event. By assisting the library committee in getting the books out, dusting them, segregating and assembling them back in the respective shelves. Also the volunteers got to know how conglomerate the books in the library are, also get enlightened by them.

Assisting each day 4 hours the tasks were completed before anticipated schedule. 18 Volunteers also earned a remuneration of 10,000 on total. This event was conducted 10 days, were 18 volunteers and NSS and Library committee members engaged diligently.



# PHOTOS





<b>Date</b>	11 <sup>th</sup> January 2021- 23 <sup>rd</sup> January 2021
<b>Venue</b>	College Library
<b>No. of participants</b>	18

<b>SR NO.</b>	<b>NAME OF THE PARTICIPANTS</b>
1	Yatish Anchan
2	Vivek Maurya
3	Alwin Mascreen
4	Brendan Gonsalves
5	Afreen Choudhary
6	Bhavya Karkera
7	Mohan Gupta
8	Swati Mishra
9	Sadhana Gupta
10	Shahazin Shaikh
11	Sunil Maharana
12	Khushi Dravid
13	Shahazin Shaikh
14	Vardhan Tummala
15	Ruchita Kalamkar
16	Revati Bommagani
17	Theerthmaalai Kounder
18	Manikandan Padayachi



**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**INDEPENDENCE DAY  
FLAG DISTRIBUTION**

## OVERVIEW

On the occasion of 75<sup>th</sup> Independence Day our NSS volunteers distributed flags and Badges across the locality.

Volunteers actively participated in the flag distribution event by walking around in Goregaon and handing out badges and flags to people. Around 1000 flags were handed out at random. The intention of the event was to spread happiness and promote unity by giving our tricolour.

<b>Date</b>	14 <sup>th</sup> August 2021
<b>Location</b>	Goregaon
<b>No of Volunteers</b>	8
<b>Time</b>	10am to 12pm



# PHOTOS





<b>Sr. No</b>	<b>Name of the Volunteers</b>
1	Akshata Sandim
2	Aryan Singh
3	Ketan Satvilkar
4	Saiprakash Pandula
5	Sanskriti Desai
6	Shaun Mascreen
7	Sunil Maharana
8	Theerthmalai Kounder



**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**GANDHI JAYANTI AND  
LAL BAHADUR SHASTRI  
JAYANTI**

## OVERVIEW

This year marked the 152<sup>nd</sup> Gandhi Jayanti and 117<sup>th</sup> Birth Anniversary of Prime minister Lal Bahadur Shastri. NSS unit conducted a Drawing competition for students to participate by illustrating the ideas of the two personas we were embracing on that day. The competition was held online in which students could submit their artwork through google forms. Topics related to the slogans of the persons were provided. Students were at the liberty to illustrate using pencil, Charcoal, Crayons and watercolours.

<b>1</b>	<b>Date</b>	2 <sup>nd</sup> October 2021
<b>2</b>	<b>No. of participants</b>	12

Sr. No	NAME
1	Aishwarya punde
2	Amudha nadar
3	Aswathy Vijayakumar
4	Chaitanya Subhash Misal
5	Divya Periyasamy acharya
6	Gauri Vinod Kumar
7	Hardik sharma
8	Jaiswal Vivek Chandadevi
9	Jaiswar Neha Yogendra
10	Jay Santosh Pathak
11	Kajal bhivaji kadam
12	Pooja Avdhesh Gupta
13	Sangeeta Somaram Patel
14	Shaikh Aisha mohd Sohail
15	Shaikh Fardin
16	Sharma vishwajeet
17	Shraddha Pandey
18	Sumit
19	Vaidhshri Anand Acharya
20	Yadav shivangi jawaharlal



## PHOTOS





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**NEW YEAR  
CELEBRATION**

## OVERVIEW

On the arrival of New Year NSS unit in association with IDF (Indian Development Foundation) visited the Vimala Dermatological Centre Leprosy Home to celebrate the day with the people in treatment there.

The evening began with an event hosted by Dr. Narayan Iyer which consisted prayers and performances by students. In the later half Blankets and other necessary items were distributed to the people residing there. The evening turned out to be a light delightful event both for the residence and the volunteers.

<b>1</b>	<b>Date</b>	30 <sup>th</sup> December 2020
<b>2</b>	<b>Venue</b>	Vimala Dermatological Centre Leprosy Home
<b>3</b>	<b>No. of participants</b>	8



# PHOTOS





## **LIST OF VOLUNTEERS**

<b>SR NO.</b>	<b>NAME OF VOLUNTEERS PARTICIPATED</b>
1	Aaryan singh
2	Saiprakash Pandula
3	Shraddha Mourya
4	Petchinatchiyar Yadava
5	Ketan Satvilkar
6	Sanskriti Desai
7	Revati Bommogani
8	Vishakha Pawar



**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**INDEPENDENCE DAY  
BADGE MAKING  
COMPETITION**

## OVERVIEW

To mark the 72<sup>nd</sup> Republic day NSS unit organized a Badge Making Competition for the volunteers to participate from their respective homes.

Volunteers participated in a competition to create insignias for themselves using their own creativity showcasing the Indian Tricolour. Volunteers were encouraged to don these Insignias on the Republic day.

<b>1</b>	<b>Date</b>	24 <sup>th</sup> January 2021
<b>2</b>	<b>Platform</b>	Google Forms
<b>3</b>	<b>No. of participants</b>	11

# PHOTOS







**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**WASTE COLLECTION  
DRIVE**

## OVERVIEW

The National service scheme, University of Mumbai and UNPD (United Nations Development Programme) jointly organized a Waste collection Drive in all the Colleges affiliated with Mumbai University. Our unit actively participated in it by conducting a Waste collection Drive at our college.

Volunteers and students participated in the drive by contributing various wastes under Paper, Metal, Plastic, and Glass. Contributions were also made by the College and School premise resulting in collection of about 332 kgs of weight.

## CONTRIBUTIONS BY STUDENTS

SR NO.	NAME	WEIGHT
1	Aaryan Singh	14.6
2	Shraddha Mourya	21.6
3	Sankruti Desai	19.3
4	Saiprakash pandula	22.3
5	Ketan Satilkar	24.4
6	Ajit Prakash	14.7
7	Petchinatchiyar Yadava	16.8
8	Yathish Anchan	25.6
9	Vivek maurya	27.9
10	Sonali Mishra	23.1
11	Revati Bommogani	18.4
12	Sriya Kirtikar	23.3
13	Ebnezer k	14.2
14	Aditi Amin	17.5
15	Ruturaj Shinde	19.8
16	Shahena Shaikh	21.3

1	DATE	10 <sup>th</sup> February 2021
2	VENUE	College Premise
3	NO. OF PARTICIPANTS	16

SR.NO	NAME OF VOLUNTEERS PARTICIPATED
1	Yatish Anchan
2	Vivek Maurya
3	Brendan Gonsalves
4	Sunil Maharana
5	Aaryan singh
6	Ketan Satvilkar
7	Alwin Mascreeen
8	Swati Mishra
9	Revati Bommagani





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**MASK AND SANITIZER  
DISTRIBUTION**

## OVERVIEW

After the surge of the Covid-19 pandemic volunteers initiated the Mask and Sanitizer distribution drive. To promote Covid Appropriate Behavior we handed out masks and sanitizers to the people who are at the risk of contracting the most. The areas covered in this drive consisted of the localities around Jawahar nagar, SV road, MG road etc. Around 25 masks and sanitizers were distributed by the volunteers taking into consideration all the covid-19 protocols

<b>Date</b>	20 <sup>th</sup> January 2021
<b>Location</b>	Goregaon
<b>No of Volunteers</b>	6
<b>Time</b>	10am to 12am

# PHOTOS



## **LIST OF VOLUNTEERS**

<b>Sr. No</b>	<b>NAME OF VOLUNTEERS</b>
1	Akshata Sandim
2	Alvin mascreen
3	Theerthmalai kounder
4	Ketan Satvilkar
5	Swati Mishra
6	Sadhana Gupta





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**MILITARY LEADERSHIP  
PROGRAM**

# OVERVIEW

NSS unit organized a Military Leadership program in association with IDF (Indian Development Foundation). The event displayed a Retired Army Engineer Col. Venkat Raman.

Col. Venkat Raman is a retired Army Engineer with about 25 years of experience as an Army Officer in the corps of Engineers as well as Executive, Managerial, Supervisory and Administrative and Staff appointments in the Military Engineering Services (MES)

MLP (Military Leadership Program) intended on inculcating an aptitude for Discipline and rules amongst the students by the various stories and experiences of Col. Venkat Raman as an Army engineer and student. Sessions were carried out in 2 batches which also provided certification to the students. A set of slides and narrations by the officer who interactively discussed with the attendees the need of rules and Discipline in one's life was the backdrop of the sessions. Throughout the session information and inspiration for the volunteers to join army was propagated.

# PHOTOS





<b>Date</b>	<b>Batch no. 1</b> 25/1/2021 28/1/2021 1/2/2021 2/2/2021	<b>Batch no. 2</b> 24/2/2021 25/2/2021 26/2/2021 27/2/2021
<b>Time</b>	2:00 pm – 3:30 pm	2:00 pm – 3:30 pm
<b>Platform</b>	Zoom	Zoom
<b>No. Of Volunteers</b>	42	61





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**NSS FOUNDATION  
DAY**

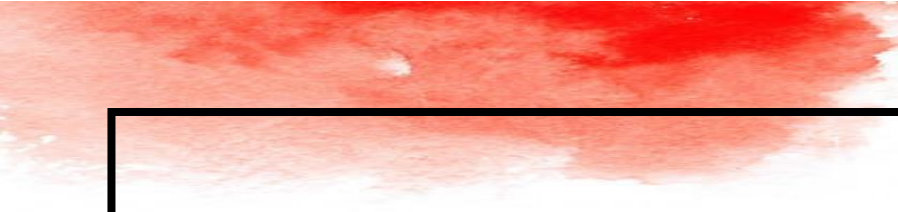
## OVERVIEW

To mark the 52<sup>nd</sup> NSS Foundation day, the NSS unit of Vivek College of Commerce conducted a food donation drive in the locality of Siddharth Nagar (Goregaon). Volunteers who were not at the convenience of joining us through the college donated food in their locality. Volunteers collected food grains from their respective homes and distributed wheat, rice and pulses to the underprivileged around the locality. Around 15 people were provided food grains to mark this occasion.


1	Date	24 <sup>th</sup> September 2021
2	Platform	Zoom
3	No. of participants	6
4	Time	4:00 pm- 5:00 pm

# PHOTOS





<b>Sr. No</b>	<b>No. of Participants</b>
1	Akshata Sandim
2	Alvin mascreen
3	theerthmalai kounder
4	Ketan satvilkar
5	Swati mishra
6	Sadhana Gupta







**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**NSS ROOM**  
**BEAUTIFICATION**

## OVERVIEW

The NSS Room without a doubt is a provider for the all the events and provides accommodation simultaneously for any project or event.

To embrace the spirit of this room the Volunteers gave an all new look by refurbishing the items of the room. Existing items where revamped into a befitting products. Chairs with tacky, old cushions were replaced with a DIY. Wallpapers to redo tables and furniture along with motivational quotes covering the walls to make room vibrant were also added.

<b>1</b>	<b>Date</b>	9 <sup>th</sup> August 2021- 2 <sup>nd</sup> September 2021
<b>3</b>	<b>No. of participants</b>	16
<b>4</b>	<b>Time</b>	2:00 pm- 5:00 pm

<b>Sr. No.</b>	<b>No. of Volunteers participated</b>
1	Ruchita kalamkar
2	Vardhan Tummala
3	Akshata sandim
4	Ashwini pandyan
5	Brendan gonsalves
6	Shaun mascreen
7	Theerthmalai kounder
8	Sunil maharana
9	Alvin mascreen
10	Dolly siddiqui
11	Deepali Roundhal
12	Manikandan padiyachi
13	Viraj desai
14	Revati Bommogani
15	Sadhana Gupta
16	Aditya bhosle

# PHOTOS







**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**ONLINE YOGA  
SESSIONS**

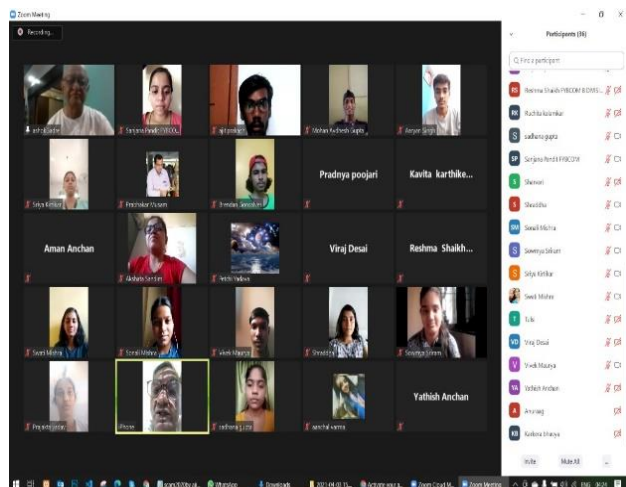
## OVERVIEW

Ambika Yog Kutir have been providing yoga sessions to our volunteers every year. This year due to the pandemic the sessions were held online for the volunteers.

The sessions were conducted every Saturday summing upto 10 sessions which covered various areas in Yoga and lifestyle. C.N. Rao was the host of the session along with Dr. Ashok Gadre. It was an interactive session with live demonstrations by the sevak and sevikas of the Yog Kutir. Topics like Asana, Diet, and yoga for a student's lifestyle were programmed throughout the session.

<b>1</b>	<b>Date</b>	27 <sup>th</sup> March 2021- 29 <sup>th</sup> May 2021
<b>2</b>	<b>Platform</b>	Zoom
<b>4</b>	<b>Time</b>	4:00 pm- 5:30 pm

# PHOTOS





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**POSHAN PAKHWADA**



## OVERVIEW

On the conclusion of the Poshan Pakhwada on the 31<sup>st</sup> March, the NSS Unit conducted the Poshan Quiz.

Nutrition is a vital factor in one's life, especially when an individual is at a growing stage. To highlight this importance the Government of India promotes Poshan Pakhwada. NSS unit in order to propagate this message conducted a quiz- The Poshan Quiz. Various questions related to food and nutrition was curated through photos and riddles. Large no of participation was observed by the volunteers.

The quiz was open to all the students, volunteers teaching staff and Non-Teaching Staff.

### **Question asked in the quiz were as follows:**

- 1) Recently a compound Sulforaphane has been discovered to offer protection against cancer. In which of the following can it be found?
- 2) Among the given nutrients, milk is a poor source of \_\_\_\_\_.
- 3) Which of the following is considered a complete protein food?
- 4) Which of the following is not an artificial sweetener?
- 5) Pulses are a good source of \_\_\_\_\_.
- 6) A calorie is a unit of measurement used to measure what?
- 7) What is the body's main source of energy?
- 8) Vitamin A is important for what?
- 9) Which dietary supplement was banned by the FDA in February 2004?
- 10) Which vitamin may help to shorten the duration of colds?
- 11) What do antioxidants neutralize?
- 12) A deficiency of which nutrient can cause rickets

1	<b>Date</b>	31st March 2021
2	<b>Platform</b>	Online
3	<b>No. of participants</b>	158

## **List of winners**

<b>POSITION</b>	<b>NAME</b>	<b>COURSE</b>
1st place	Elizabeth Joseph Chittinapalli	TYBBI
1st Place	Shaikh Shehma Begum Mohammed Yasin	FYBCOM
2nd place	Simran Vaghela	FYBCOM
2nd place	Esha Baing	SYBCOM
2nd place	Tejas Pawar	SYBCOM
2nd place	Sagaya Diana	FYBAF
2nd place	Dravid Khushi Ramaswamy	SYBAF
2nd place	Fizza Fatema	FYBAF



**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**PULSE POLIO DRIVE**



## OVERVIEW

Every year the NSS unit assists the BMC (Brihanmumbai Municipal Corporation) in administering Pulse Polio in and around the locality. Volunteers were provided a Centre location to provide the doses. All the Covid 19 restrictions were taken into consideration by wearing shields masks and gloves. Over 10 volunteers who were provided different location participated and administered the doses.

<b>1</b>	<b>Date</b>	26 <sup>th</sup> September 2021 - 2 <sup>st</sup> October 2021
<b>2</b>	<b>No. of participants</b>	11

# PHOTOS



## List of Participants

Sr. No	No. of Participants
1	Akshata Sandim
2	Ashwini Pandyan
3	Gautami Aduskar
4	Payal Chauhan
5	Ruchita kalamkar
6	Sadhana Gupta
7	Sunil Maharana
8	Swati Mishra
9	Theerthamalai Kounder
10	Tummala Vardhan
11	Yathish Anchan





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**ROAD SAFETY QUIZ BY  
BRAHMA KUMARIS**



## OVERVIEW

On the occasion of 32<sup>nd</sup> National Road Safety Week. Brahma Kumaris conducted a quiz throughout the colleges in Mumbai University. The Quiz was based on the canopy theme “sadak suraksha- jeevan raksha: safety begins with you”. The quiz consisted basic questions related to Road Safety or two wheeler safety.

<b>1</b>	<b>Date</b>	30 <sup>th</sup> January 2021
<b>2</b>	<b>Platform</b>	YouTube
<b>3</b>	<b>No. of participants</b>	28

SR.NO	NAME OF VOLUNTEERS PARTICIPATED
1	Aaditya bhosle
2	Akshata sandim
3	Anuraag sathyan
4	Brendan gonsavles
5	Chaityanya misal
6	Dolly siddiqui
7	Esha baing
8	Finny john
9	Gautami aduskar
10	Manikandan padiyachi
11	Nirbhay chaudhari
12	Pragati saroj
13	Revati bommogani

14	Rohit jha
15	Saba memon
16	Shaun mascreen
17	Sonali mishra
18	Venu medidi
19	Victoria anthony
20	Viraj desai
21	Yathish anchan
22	Aaryan saingh
23	Ajit prakash
24	Ketan satvilkar
25	Petchi yadava
26	Saiprakash pandula
27	Sanskriti desai
28	Shraddha mourya



**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**ROAD SAFETY  
WEBINAR (UNITEDWAY)**



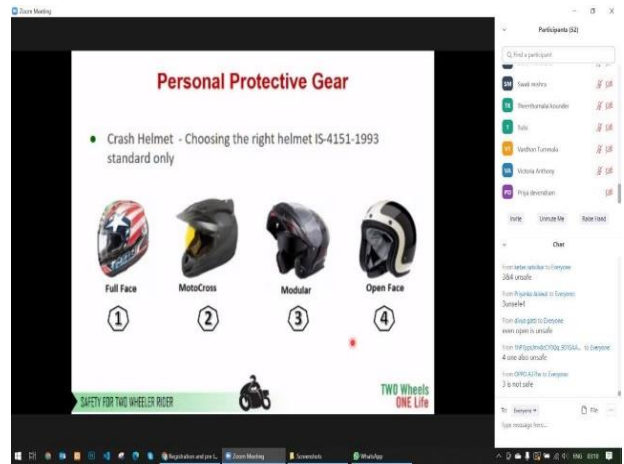
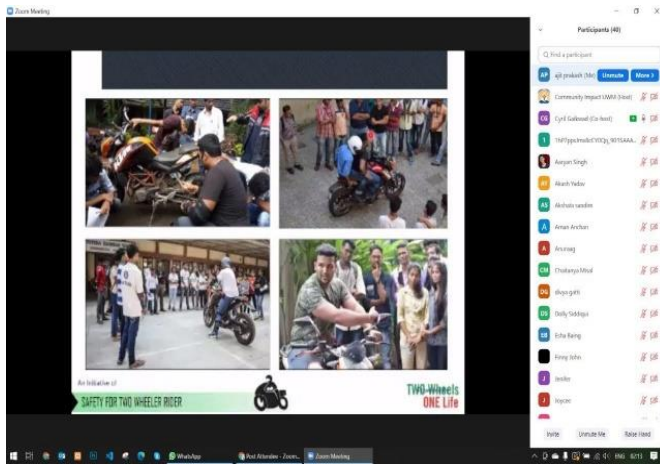
## OVERVIEW

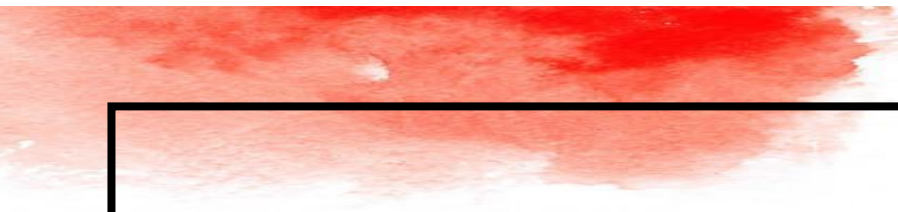
A webinar held on 15<sup>th</sup> January 2021 in association with United Way directed our volunteers on Road safety rules and Regulations. It was attended by 50+ volunteers and they shared information about different vehicles rules and safety.

The webinar begin with a pre-test to evaluate the knowledge of our volunteers on two wheeler safety. The session was hosted by Cyril Gaikwad (Project Coordinator) who guided us through the basic rules and regulations. Various concerns related to helmets, tyres, bike riding were addressed specifically designed for the age group of 18-24.


The session ended with a test which qualified the volunteers for a certification by Unitedway.

# PHOTOS





<b>1</b>	<b>Date</b>	15 <sup>th</sup> January 2021
<b>2</b>	<b>Platform</b>	Zoom
<b>3</b>	<b>No. of participants</b>	58
<b>4</b>	<b>Time</b>	2:00 pm- 5:00 pm





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**UNIVERSITY LEVEL  
EVENTS**



# UNIVERSITY LEVEL EVENTS

The University of Mumbai conducts a set of events for the NSS, mandatory for the volunteers to attend. These events intend on spreading awareness, observance and celebrating National events as a NSS community. Various events were held online platforms this year to keep the spirit alive, wherever necessary volunteers also conducted minor events on an individual basis or in their locality

## CONTENTS

<b>SR NO.</b>	<b>EVENT</b>
1	BHAJAN SANDHYA
2	SMRUTI GANDHI
3	PREAMBLE READING (CONSTITUTION DAY WEBINAR)
4	PROF. BAL APTE ONE DAY WEBINAR
5	YOUTUBE WASTE COLLECTION DRIVE CONCLUDING PROGRAM
6	E-PLEDGE BY MAJHI VASUNDHARA
7	ORGAN DONATION TRAINING SESSION
8	INTERNATIONAL DAY OF YOGA PROGRAM
9	MUMBAI UNIVERSITY FOUNDATION DAY TREE PLANTATION
10	VIDYARTHI KULGURU SANVADH
11	NO TOBACCO QUIZ

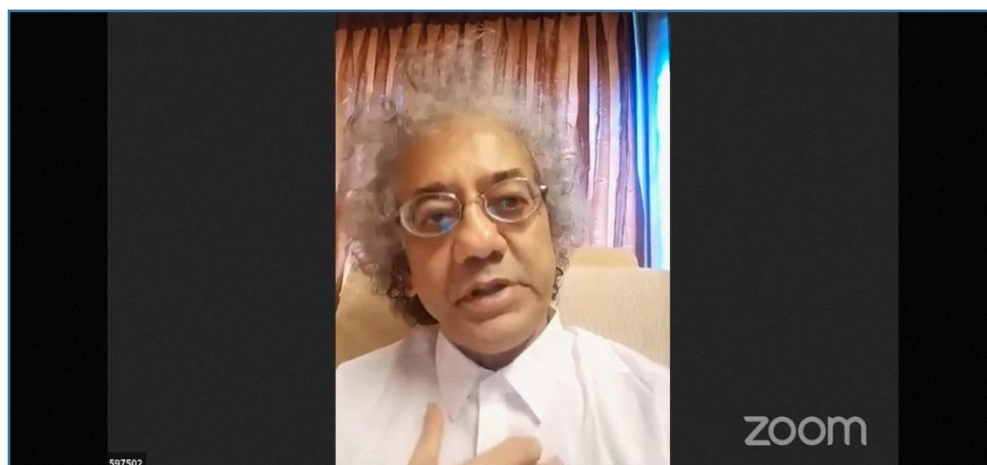
## BHAJAN SANDHYA

Every year on the occasion of Mahatma Gandhi Jayanti and International Non Violence Day the University of Mumbai organizes an evening of music and Bhanjans - Bhajan Sandhya. Around 10000 students from various other colleges attended the event. The Bhajans were sung by the students of the University. Bapujis favourite bhajans and melodies were performed by the artists. This year the event was held on YouTube.

1	<b>Date</b>	2 <sup>nd</sup> October 2020
2	<b>Time</b>	5:00 pm
3	<b>Platform</b>	YouTube
4	<b>No. Of Volunteers</b>	7

## List of Participants

<b>SR NO.</b>	<b>NAME</b>
1	Aaryan Singh
2	Ajit Prakash
3	Ketan Satvilkar
4	Petchinatchiyar Yadava
5	Saiprakash Pandula
6	Sanskruiti Desai
7	Shraddha Mourya



## SMRUTI GANDH

On the Day of Remembrance of Honourable Balasaheb Thackeray, the University of Mumbai organized a Smruti Gandh. The event was conducted in association with Balasaheb Thackeray Study centre. The event highlighted the influence of this persona and also the difference made by him. Officials from the University who had personally witnessed his influence shared their experience. The event was finally addressed by Mr. Uday Samant, Minister of Higher & Technical education.

1	<b>Date</b>	17 <sup>th</sup> November 2020
2	<b>Time</b>	5:00 pm
3	<b>Platform</b>	YouTube
4	<b>No. Of Volunteers</b>	13





## List of Attendees

SR NO.	NAME
1	Aaryan Singh
2	Ajith Prakash
3	Anuraag Sathyan
4	Esha Baing
5	Gautami Aduskar
6	Jairaj Hari
7	Ketan Satvilkar
8	Petchinachiyar Yadava
9	Priyanka Jaiswal
10	Saiprakash Pandula
11	Sanskriti Desai
12	Shraddha Mourya
13	Shubham More

## CONSTITUTION DAY (PREAMBLE READING)

NSS volunteers from all over Mumbai came together on the Constitution day for the Preamble reading event online. The event highlighted how our Indian constitution came into existence and its construction. Our responsibility as a young Indian to be aware about our Constitution was addressed in the session.

1	<b>Date</b>	17 <sup>th</sup> November 2020
2	<b>Time</b>	5:00 pm
3	<b>Platform</b>	YouTube
4	<b>No. Of Volunteers</b>	13



## **List of Attendees**

<b>SR NO.</b>	<b>NAME</b>
1	Esha baing
2	Rohit maurya
3	Swati mishra
4	Yogesh natekar
5	Gautami aduskar
6	Ankita naikar
7	Joycee gudekar
8	Priyanka jaiswal
9	Prathmesh uttekar
10	Sanskruiti desai
11	Ketan satvilkar
12	Aaryan singh
13	Shraddha mourya
14	Ajith prakash
15	Saiprakash pandula
16	Petchinachiyar yadava

## PROF. BAL APTE ONE DAY WEBINAR

University of Mumbai's Prof. Bal Apte Centre for studies in Students and Youth Movements conducted a one day webinar on Legal Aspects related to Students and Youth Movements. The webinar elaborated on the topic and also spoke about the Prof. Bal Apte as a personality.

1	<b>Date</b>	5 <sup>th</sup> December 2020
2	<b>Time</b>	10:00 am
3	<b>Platform</b>	Zoom
4	<b>No. Of Volunteers</b>	13

### List of Attendees

<b>SR NO.</b>	<b>NAME</b>
1	Aaryan Singh
2	Ashwini Pandyan
3	Petchinatchiyar Yadava
4	Swati Mishra
5	Vardhan Tumala



## NO TOBACCO QUIZ

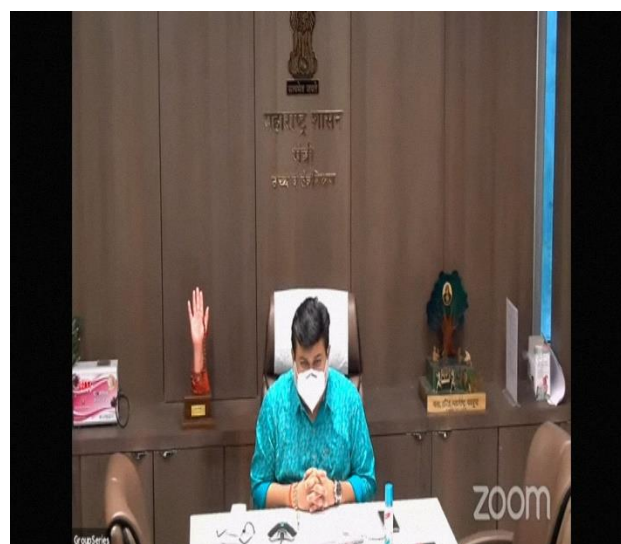
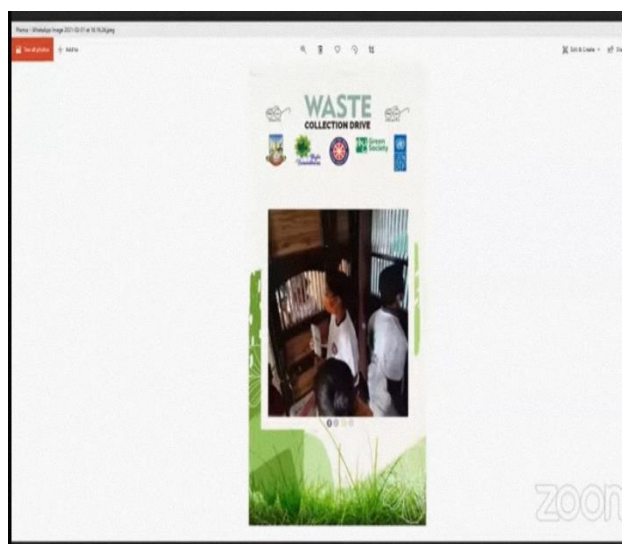
On the Observance of No Tobacco Day, Mumbai University organized an informative quiz related to the topic. Students could easily enroll and play the quiz receiving their score card at the end.

1	<b>Date</b>	31 <sup>st</sup> May 2021
2	<b>No. Of Volunteers</b>	20

# YOUTUBE WASTE COLLECTION DRIVE

A waste collection drive was conducted in association with UNDP (United Nations Development Programme) and Government of Maharashtra in colleges affiliated with Mumbai University. The success of this drive was followed by a concluding program on YouTube giving in the statistics of the drive. Participating colleges were appreciated for their contribution.

1	<b>Date</b>	17 <sup>th</sup> November 2020
2	<b>Time</b>	5:00 pm
3	<b>Platform</b>	YouTube
4	<b>No. Of Volunteers</b>	13



SR NO.	NAME
1	Aaryan singh
2	Akshata sandim
3	Anamika shah
4	Bhagyashree pillai
5	Brendan gonsalves
6	Chaityanya misal
7	Esha baing
8	Joycee nadar
9	Kamlesh shukla
10	khushi dravid
11	Khushi shetty
12	Mahalaxmi khajar
13	Manikandan padiyachi
14	Mehjabin patel
15	Mohan gupta
16	Prachi mishra
17	Pranav bansode
18	Priya devendram
19	Revati bommogani
20	Rishika tiwari
21	Rohit jha
22	Sadhana gupta
23	Sonali mishra
24	Sriya kirtikar
25	Swati mishra
26	Tanaya more
27	Theerthamalai kounder
28	Vivek maurya
29	Yathish anchan

## EPLEDGE BY MAJHI VASUNDHARA

Majhi Vasundhara is the Environment and Climate Change department, Government of India. The E-pledge enlisted a list of measures as a step towards environment consciousness that we can inculcate in Institution. Around 40 volunteers pledged on the following

- We will never waste food in the canteen/mess and encourage our friends to do the same
- We will identify and connect with an authorized e-waste recyclers and dispose of e-waste (batteries, light bulbs) in a responsible manner
- We will formulize and implement our institutes “don’t print every email/document” policy and print all documents double sided if only possible
- We will consciously optimize water usage in our premise and encourage our friends to practice the waster saving habits
- We will consciously optimize our electricity consumption
- We will install and maintain a set of dustbins for dry and wet waste.



1	<b>Date</b>	1 <sup>st</sup> February 2021
2	<b>Time</b>	5:00 pm
3	<b>Platform</b>	Microsoft Teams
4	<b>No. Of Volunteers</b>	53

## List of Attendees

<b>SR NO.</b>	<b>NAME</b>
1	Viraj Sanjivkumar Desai
2	Tanaya Santosh More
3	Ketan satvilkar
4	Gautami Santosh Aduskar
5	Mehjabin. Mustak. Patel
6	Swati Tribhuvan Mishra
7	Alvin Mascreen
8	Vivek Maurya
9	Sadhana Santosh Gupta
10	Yathish. Y. Anchan
11	Chaitanya Subhash Misal
12	MEMON SABA SALIM
13	Khajar Mahalaxmi Santoshkumar
14	Mayuri Sawant
15	Shaikh Reshma Madar
16	Mohan Gupta
17	Yash Bhushan Ujgaonkar
18	Nirbhay Y. Chaudhari
19	Akshata Sanjay Sandim
20	Saiprakash pandula

## ORGAN DONATION TRAINING SESSION

Organ Donation Training Sessions were conducted by the Mumbai University in association with V4Organ Foundation. The sessions were self-paced and at the completion certificate was also provided. Through this training session the foundation intended on busting the myths related to Organ Donation.

DAY	CONTENT
1	Induction
2	Enactment
3	Regulator
4	Types of Death and Organ Donation
5	Organ Donation
6	Organ Transplant
7	Pledge Registration
8	Tissue Donation
9	Body donation

1	Date	07 April 2021-16 April 2021
2	Platform	Youtube
3	No. Of Volunteers	51

# INTERNATIONAL DAY OF YOGA

On the International day of Yoga, the HSNC (Hyderabad (Sind) National Collegiate Board) and University of Mumbai organized an Online Webinar which included demonstrations of basic Yoga Asana and importance of yoga in our lives.

1	<b>Date</b>	21 <sup>st</sup> June 2021
2	<b>Platform</b>	Zoom
3	<b>No. Of Volunteers</b>	29



## MUMBAI UNIVERSITY FOUNDATION DAY TREE PLANTATION

On the occasion of 164<sup>th</sup> Mumbai University Foundation day, the university aimed on planting about 10000 plants. Our volunteers being a part of this event planted a sapling each at their respective homes and marked this day.

1	Date	8 <sup>th</sup> July 2021
2	No. Of Volunteers	13

### List of Attendees

SR NO.	NAME
1	Mohan Gupta
2	Shaun Mascreen
3	Swati Mishra
4	Akshata Sandim
5	Sadhana Gupta
6	Aaryan Singh
7	Ajit Prakash
8	Petchinatchiyar Yadava
9	Sanskriti Desai
10	Saiprakash Pandula
11	Shraddha Mourya
12	Ketan Satvilkar



## VIDYARTHI KULGURU SANVADH

With the current pandemic situation and irregularities in the update regarding the mode of Education, the Mumbai University conducted a webinar to clear all the doubts related to the unpredictable events and measures required in the pandemic. It was an interactive session wherein the students expressed their concerns and they were addressed by Prof. Suhas Pednekar (Vice Chancellor of University of Mumbai).

1	<b>Date</b>	2 <sup>nd</sup> July 2021
2	<b>Time</b>	4:00 pm
3	<b>Platform</b>	YouTube
4	<b>No. Of Volunteers</b>	32





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

**WORLD CREATIVITY  
AND INNOVATION  
DAY QUIZ**

## OVERVIEW

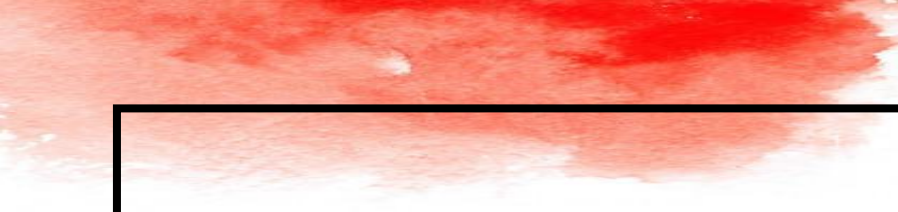
World Creativity and Innovation Day is an Annual celebration which is on the 21<sup>st</sup> April. This year on the occasion of this day the NSS unit organized a quiz competition.

All the questions in the quiz were related to the creativity and innovations around the world and in the history. The quiz was conducted through Google Forms and a window time was provided for the volunteers to conveniently attend the quizzes. The quiz had a list of Guess the Gibberish, Art and History and popular personality related questions.

## **Question asked in the quiz were as follows:**


- The first world creativity and innovation day was celebrated on
- Select a word which suits the word "innovation"
- Where is the famous painting Mona Lisa displayed?
- Name the form of Indian painting given below
- \_\_ were the first pair to ever achieve a controlled and successful flight.
- Jack Welch is regarded as one of the great business innovators of the modern era of which company was he CEO?
- Guess the Gibberish. (Foyer inn form hay shun)
- Select a word that suits "creativity"
- According to India innovation outlook 2018, which of the following is no. 1 innovator brand in India?
- Guess the gibberish. (Veer off mess sing oat)





<b>1</b>	<b>DATE</b>	21 <sup>st</sup> April 2021
<b>2</b>	<b>PLACE</b>	Online
<b>3</b>	<b>NO. OF VOLUNTEERS PARTICIPATED</b>	38

<b>NAME OF THE WINNERS</b>	<b>CLASS</b>
Karkera Bhavya Kumar	FYBAF
Pavithra Ravi Saliyar	FYBAF





**VIVEK EDUCATION SOCIETY'S  
VIVEK COLLEGE OF COMMERCE**

**NSS UNIT B-23**

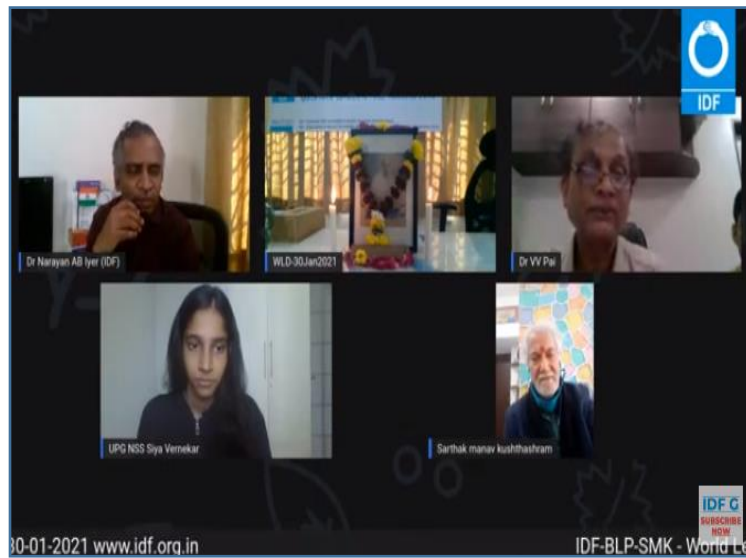
**WORLD LEPROSY DAY**

## OVERVIEW

On the World Leprosy Day or Anti Leprosy Day the NSS unit in association with IDF (Indian Development Foundation) conducted an online webinar on Leprosy.

The session was graced by Dr. VV Pai who elaborated on the Theme for the 2021 Campaign by WHO (World Health Organization): “Beat Leprosy, End Stigma and Advocate for Mental Well-Being”. Various statistics stating the condition of Leprosy in India were also discussed. Volunteers also had a brief QnA session with the expert and were also addressed about this stigma in detail.


# PHOTOS




**INDIAN DEVELOPMENT FOUNDATION  
BOMBAY LEPROSY PROJECT  
SARTHAK MANAV KUSHTHASHRAM** Present

**Leprosy isn't what you think  
World Leprosy Day**


**Lead Speakers**



**Dr. Vivek V. Pai**  
Director & Secretary  
Bombay Leprosy Project,  
Mumbai




**Rev. Sr. Mary Mascarenhas**  
Leprosy Crusader  
Bangalore




**Shri Suresh Kaul**  
President,  
Sarthak Manav Kushthashram  
Jaipur


**Moderator**




**Dr. Narayan AB Iyer**  
CEO, IDF



**Dr. ARK Pillai**  
Founder & President, IDF



**30**  
JANUARY



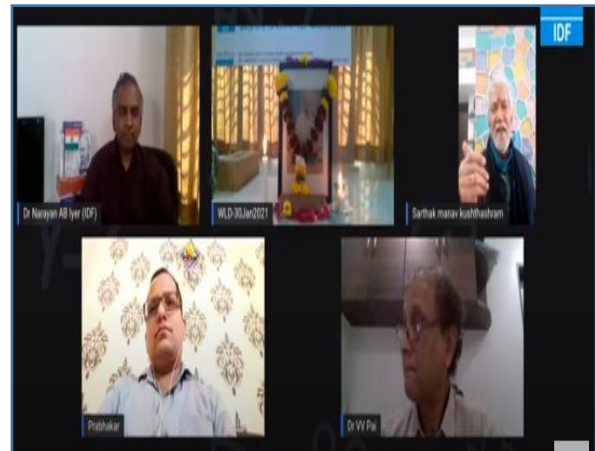
**Mahatma Gandhi's Mortygram & Leprosy Eradication**

**Saturday**  
30 January, 2021

**Time**  
11:30am

YouTube link  
[tinyurl.com/leprosyday2021](https://tinyurl.com/leprosyday2021)

Partner with: **Vivek College of Commerce**





<b>1</b>	<b>Date</b>	30 <sup>th</sup> January 2021
<b>2</b>	<b>Platform</b>	YouTube
<b>3</b>	<b>No. of participants</b>	28

<b>SR.NO</b>	<b>NAME OF VOLUNTEERS PARTICIPATED</b>
1	Aaditya bhosle
2	Akshata sandim
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11	Nirbhay chaudhari
12	Pragati saroj
13	Revati bommogani



14	Rohit jha
15	Saba memon
16	Shaun mascreen
17	Sonali mishra
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22	Aaryan saingh
23	Ajit prakash
24	Ketan satvilkar
25	Petchi yadava
26	Saiprakash pandula
27	Sanskruti desai
28	Shraddha mourya

